

Annual Report

FY 2024-2025



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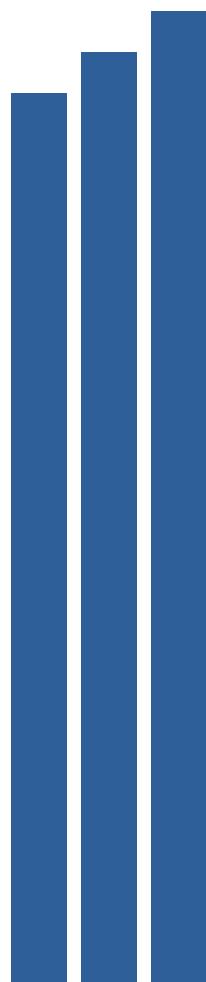
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Director's Note



It gives me great pleasure to present the Annual Report for TRIGUNA for the year [2024-2025]. This year has been one of purposeful growth, meaningful collaboration, and impactful outreach, as we continued our mission to drive innovation, awareness, and social responsibility across every initiative we undertook.

At TRIGUNA, we believe in the power of youth, community, and collective action. Whether through our road safety campaigns, educational or vocational skill development programs, or healthcare and other livelihood initiatives, our team has worked tirelessly to create platforms that empower individuals and bring tangible change at the grassroots level.

One of the highlights this year was the national-level Road Safety Campaign, where student participation and public engagement far exceeded our expectations. Triguna Shikshan Saathi initiative, Infosys skilling program etc. The Initiatives like these reaffirm our belief that sustained impact is possible when purpose meets participation.

I extend my heartfelt thanks to our dedicated team, partners, volunteers, who make TRIGUNA what it is—a catalyst for positive transformation. Your passion and perseverance continue to inspire everything we do. As we move forward, we remain committed to expanding our impact, embracing innovation, and staying rooted in the values that define us. The journey ahead is full of promise, and we look forward to walking it together—with courage, clarity, and conviction.

**Adarsh Gupta
(Founder CEO)**

About Us

TRIGUNA The Science of Living , is a non-profit organization that works towards the Sustainable Development of underprivileged communities in the areas of livelihood, education, healthcare, and vocational skill development. Incorporated in 2020 with a vision to replicate and scale services in the areas of Capacity Building, Employment Generation for Disadvantageous groups.

TRIGUNA has been working tirelessly to provide resources and opportunities to the marginalized sections of society, enabling them to break the cycle of poverty and live a dignified life. Our organization recognizes the importance of a holistic approach to development and has developed comprehensive programs that address the multiple challenges faced by the communities it serves.



Foundation of Our Work



Vision

To replicate and scale services in the areas of education, health and livelihood for disadvantaged group. Through strategic partnerships and scalable solutions, we aim to create lasting change and empower communities for a brighter future.



Mission

To serve individuals and families in the poorest communities. We are committed to reaching out to those facing extreme poverty and providing them with the necessary support and assistance.



Goals

To improve the quality of education and promote access to healthcare services for underprivileged communities in India.



Philosophy

At Team Triguna Our Philosophy is simple yet profound: 'Empower, Impact, Inspire. We are dedicated to empowering individuals and communities, making a tangible impact, and inspiring positive change through compassion, innovation, and sustainability.

Core Competencies



Holistic Education Approach

Triguna - The Science of Living emphasizes education as a catalyst for change, providing access to quality education that extends beyond traditional classrooms to encompass holistic development.



Empowerment Initiatives

The organization is dedicated to empowering individuals and communities by equipping them with the necessary tools and opportunities to thrive and reach their full potential.



Community Engagement

Triguna - The Science of Living actively engages with communities, fostering participation and collaboration to ensure that initiatives are tailored to the unique needs of each community.



Innovative Program Implementation

Triguna - The Science of Living employs innovative strategies in program implementation, ensuring that their initiatives are effective and adaptable to changing societal needs.



Transparency & Accountability

The organization maintains a strong commitment to transparency and accountability, ensuring that stakeholders are informed and that resources are utilized effectively.



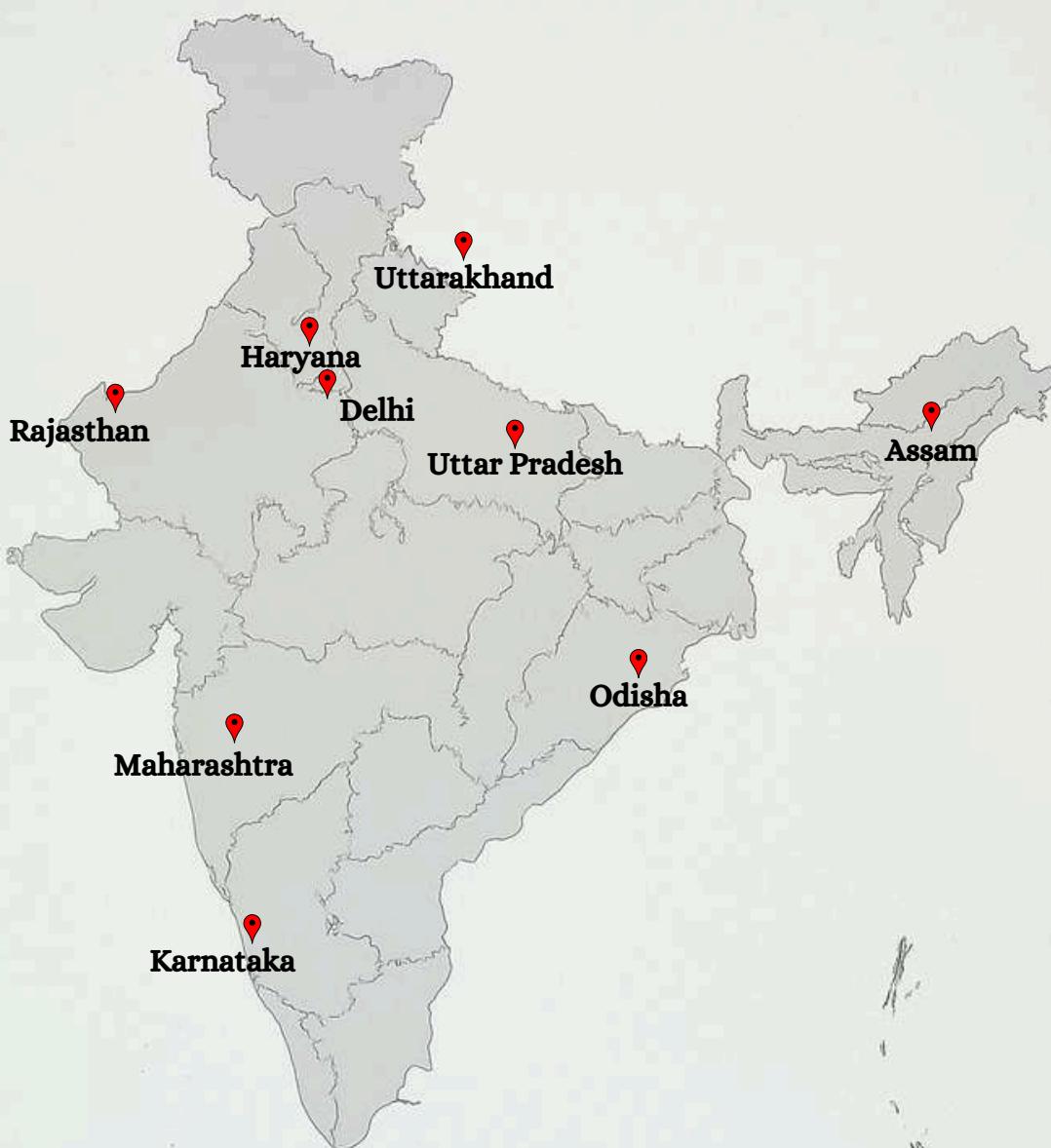
SDGs Alignment

The organization's programs are aligned with sustainable development goals, focusing on creating long-term positive impacts in society, special focus on aspirational district of NITI Aayog.

- SDG 1, SDG 3, SDG 4, SDG 5, SDG 6, SDG 8, SDG 10, SDG 11

Geographical Area Covered

During the year 2024 - 2025 TRIGUNA has been a change maker in States like Delhi, Uttar Pradesh, Uttarakhand, Maharashtra, Odisha, Karnataka, Rajasthan, Haryana.

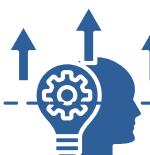


Year In Review

Over the past year, we have demonstrated exceptional organizational agility, strategic foresight, and an unwavering pursuit of operational excellence. Through the successful execution of multiple high-impact initiatives, we consistently exceeded performance benchmarks and delivered transformative outcomes. Our collaborative efforts have accelerated momentum, reinforcing our position as frontrunners and innovation drivers within our domain.



Yuvaah
PASSPORT TO EARNING



INFOSYS, Aspire
for Her Skilling
Program



Shikshan Saathi -
Teachers Training
of Primary School
in Barmer
Rajasthan



National Road
Safety Campaign

Major Projects



Road Safety
Bootcamp - CSR
initiative of
Valvoline
Cummins Pvt. Ltd.



Passport to
Earning-
Placements
flagship program
by Unicef India

Our Reach

Areas	Numbers
States Covered	9
Districts Covered	20
Beneficiary Impacted	2,00,000+



Yuvaah Passport To Earning

The Passport to Earning (P2E) India initiative was launched as a transformative step toward bridging the skills gap and empowering India's youth for the future of work. This visionary program provides complimentary, job-focused skills training to individuals aged 14 to 29, equipping them with vital capabilities to thrive in education, employment, and entrepreneurship.

In collaboration with the B-Able Foundation, Team Triguna proudly took the lead in rolling out the P2E initiative across the nation. Over the course of the year, we successfully upskilled more than 140,000 students across 18 states, reaching into the heart of Tier 3 and Tier 4 cities and focusing on Aspirational Districts identified by NITI Aayog. These regions, often underserved in terms of access to quality education and job-readiness programs, were at the forefront of our mission to bring equitable opportunities for growth and progress.

Impacted 1,40,000 Students



INFOSYS, Aspire for Her Skilling Program

Triguna proudly partnered with the Infosys Foundation to implement the Aspire For Her Training Program—a transformative skill development initiative dedicated to empowering women and enhancing their employability.

This program is a shining example of how corporate social responsibility can directly contribute to nation-building by equipping women with the tools they need to thrive in the modern workforce.

Targeted Locations	No. of Beneficiaries Trained	No. of Beneficiaries Placed
Haridwar, Uttarakhand	195	85
Aligarh, Uttar Pradesh	115	75
Nashik, Maharashtra	88	43
Bahraich, Uttar Pradesh	257	237
Ghaziabad, Uttar Pradesh	120	60
New Delhi	25	25



Computer, Bahraich



Packaging, Haridwar

Our Placement Partners

Locations	Company
Haridwar, Uttarakhand	Ganpati Manpower, Himalayan Traders, Himalayan Enterprises, Jawed Packaging, Rana Enterprises, Bharat Traders
Aligarh, Uttar Pradesh	Ambesh Enterprises
Nashik, Maharashtra	Aryan Enterprises, Sai System, Anus Making Ltd.
Bahraich, Uttar Pradesh	Gujrati Smarak Seva Sansthan, Simran Beauty Parlour, Beauty Custodian Salon, Ghazal Beauty Parlour, Divya Tailors, Pioneer Institute of Technology, Glamorous Beauty Parlour, Joohi Silai Centre
Ghaziabad, Uttar Pradesh	ClicknCare Solutions, OPPSWEB Solutions
New Delhi	Jubilant Foodworks, KoneXions, Grow Up Consulting, Team Lease

INFOSYS, Aspire for Her Skilling Program



Stitching, Ghaziabad



Tally, Aligarh



Retail, New Delhi



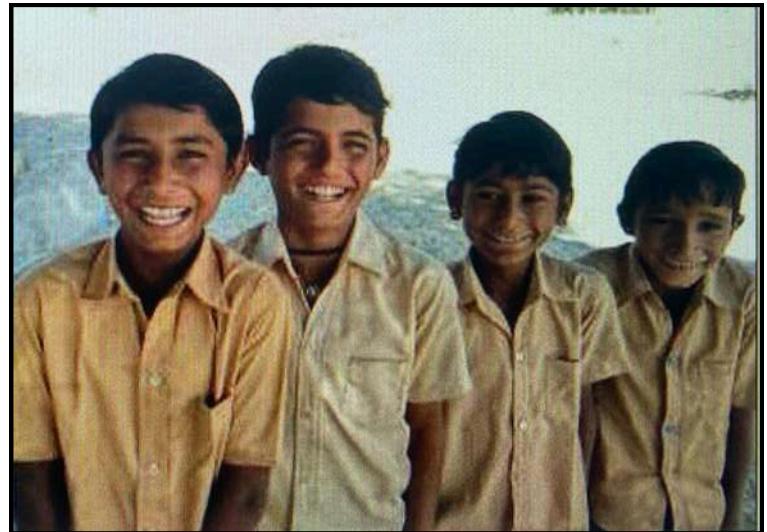
Sewing Machine Operator, Nashik

To date, TRIGUNA has successfully skilled over 800 trainees under Aspire For Her women empowerment program, from states like Uttarakhand, Maharashtra, Uttar Pradesh, Delhi, many of whom have already taken significant strides toward securing employment or pursuing entrepreneurial ventures.

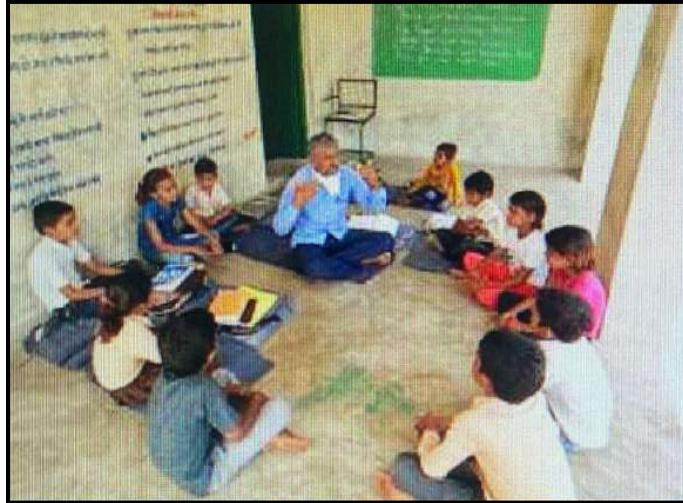
Shikshan Saathi - Teachers Training

Triguna launched the Shikshan Saathi initiative as a targeted intervention to address foundational challenges in English language instruction across elementary schools in Barmer, Rajasthan—an aspirational district under NITI Aayog.

This three-month pilot project focused on enhancing teacher capacity through immersive training, continuous mentoring, and in-classroom support. The program addressed critical gaps in pedagogy, classroom engagement, and assessment strategies. A hands-on approach included curriculum demonstrations, development of level-appropriate teaching learning materials (TLMs), reading corners, and a series of collaborative workshops on language proficiency, child-centered teaching practices, and the integration of oral and print-rich inputs.



Shikshan Saathi - Teachers Training

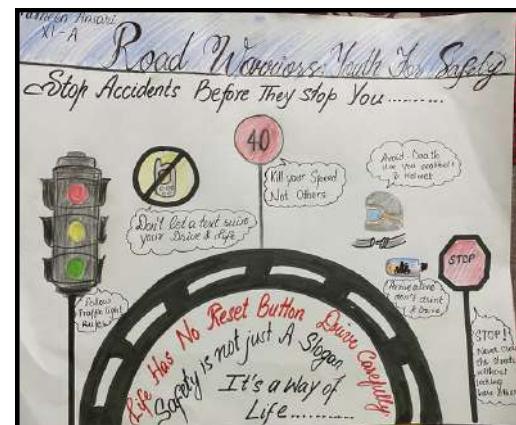


Key Highlights

Area	Intervention
Location	10 government schools in Barmer district, Rajasthan
Focus	Capacity building for elementary-level English teachers
Pedagogical Intervention	Shift from grammar-translation method to interactive, student-centric instruction Emphasis on oral fluency, phonics, and reading comprehension
Infrastructure Enhancement	Establishment of print-rich reading corners using mobile libraries and Pratham books Development and demonstration of level-appropriate TLMs
Ongoing Support	Fortnightly teaching plans with reviews On-site mentoring and co-teaching
Stakeholders Engagement	Coordination with DEO, BEO, and school leadership Teacher-led storyboarding and peer learning communities
Workshops Conducted	3-day cohort training on second language acquisition, functional grammar, and assessment as learning

National Road Safety Campaign

In November 2024, Triguna launched its impactful Road Safety Campaign—a self-initiated program that began in Aligarh, Uttar Pradesh, and has since expanded its footprint to Assam, Delhi, and Haryana.



Name of School	No. of Students Targeted
KIDS Island Sr. Sec School	300
AMU Girls High School	500
STS Minto Circle, School	500
Al Hira Public School	400

National Road Safety Campaign

Key Highlights

- **Awareness Sessions** led by trained facilitators, focusing on real-life road scenarios, traffic rules, and the consequences of negligence.
- **Hands-on Activities** such as mock road setups and traffic simulations, allowing students to experience the application of road rules in a controlled environment.
- **Article Writing, Poster Making, Slogan writing Competitions**, encouraging students to research, reflect, and articulate the significance of road safety in their own words.
- **Certification and Recognition**, with special certificates awarded to winners of each activity, celebrating their involvement and encouraging continued advocacy.



KIDS Island Sr. Sec. School



STS Minto Circle School



AMU Girls High School



Al Hira Public School

Road Safety Bootcamp - CSR initiative of Valvoline Cummins Pvt. Ltd.

As part of a robust and socially impactful **Corporate Social Responsibility (CSR)** initiative, **Valvoline and Cummins Pvt. Ltd.** partnered with Triguna to launch a large-scale Road Safety Campaign across multiple states, including Uttar Pradesh, Delhi & Haryana.

Area	No. of beneficiaries targeted
No. of beneficiaries targeted in community	435
No. of beneficiaries targeted in institutes	1365



Road Safety Bootcamp - CSR initiative of Valvoline Cummins Pvt. Ltd.

Locations Targeted In Community

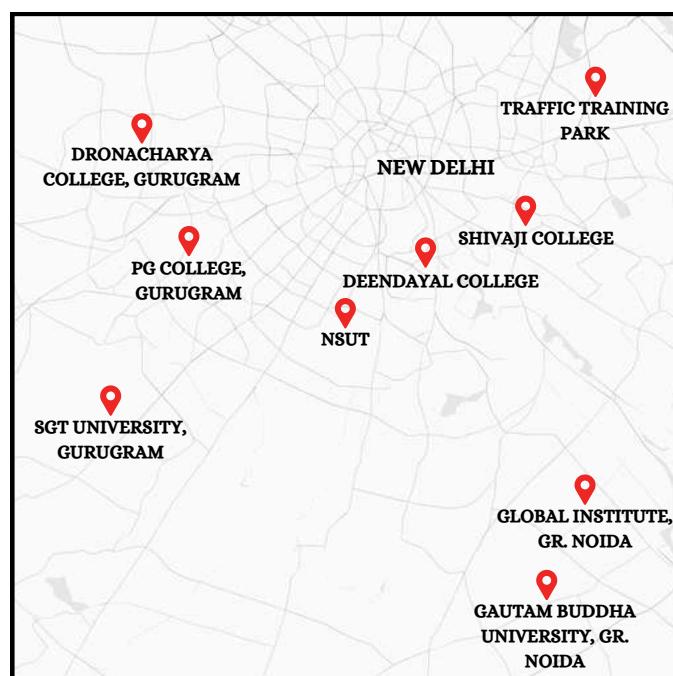
Sr. No.	Location	No. of Helmets Distributed
1	Subhash Nagar	48
2	Dwarka	39
3	Laxmi Nagar	105
4	Noida Sec - 16	58
5	Faridabad	134
6	Old Delhi Gurugram Road	51



Road Safety Bootcamp - CSR initiative of Valvoline Cummins Pvt. Ltd.

Targeted Institutes

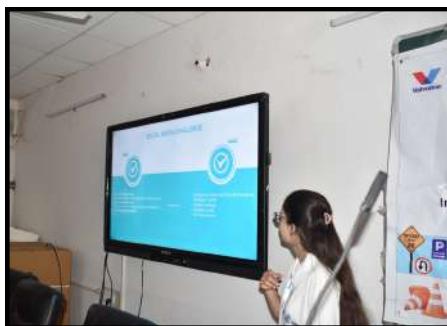
Sr. No.	Institution	No. Of Helmet Distributed
1	Dronacharya College of Engineering, Gurugram	110
2	PG College, Gurugram	110
3	NSUT, New Delhi	212
4	Shivaji College, New Delhi	160
5	Deendayal College, New Delhi	171
6	SGT University, Gurugram	120
7	Global Institute, Gr. Noida	132
8	Gautam Buddha University, Gr. Noida	250
9	Traffic Training Park, New Delhi	100



Road Safety Bootcamp - CSR initiative of Valvoline Cummins Pvt. Ltd.

The college outreach component was especially dynamic, featuring a wide range of interactive and immersive activities designed to both educate and engage.

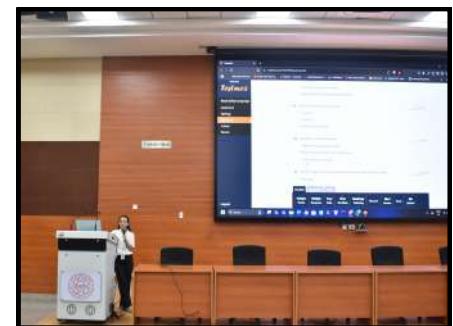
Key Activities



Presentation



VR Activity



Online Quiz



Group Discussion



Mime Act



Road Sign Recognition



Red Flag/Green Flag



Certification



Helmet Distribution

Road Safety Bootcamp - CSR initiative of Valvoline Cummins Pvt. Ltd.

In community settings, the campaign extended its reach through impactful and culturally resonant activities

Key Activities



Nukkad Natak



Mime Act



Q&A Session



Helmet Distribution

Youth Hub Passport to Earning- Placements flagship program by Unicef India

Youth Hub Passport to Earning – Placements is a flagship program by **UNICEF** India aimed at preparing young individuals for meaningful employment by equipping them with essential job-readiness skills. Triguna proudly implemented this initiative across Rajasthan and Odisha, directly impacting 400+ youth through focused training and placement support. Designed as an online, short-term course titled "**How to Get a Job**" the program offers practical guidance on navigating the job market, enhancing employability, and building confidence.

1100+ beneficiaries targeted from Odisha & Rajasthan



Other Events

**Blanket
Distribution**

**Health
Camp**

Blanket Donation Drive

Sr. No.	Area	Data
1	Date/Day	26 th December 2024 (Thursday)
2	Location	Basti Takiya Kale Khan, Delhi
3	No. of blanket distributed	250
4	Donor	Misra Charitable Trust



Free Medical Check Up

On 8th January 2025, Triguna, in collaboration with the Faculty of Dentistry, Jamia Millia Islamia, organized a Free Medical and Dental Check-up Camp at Basti Takiya Kale Khan, with the aim of extending essential healthcare services to underserved community members.

Sr. No.	Area	Data
1	Date/Day	8 th January 2025 (Wednesday)
2	Location	Basti Takiya Kale Khan, Delhi
3	No. of beneficiaries	200
4	Collaboration with	Faculty of Dentistry, Jamia Millia Islamia



SDG Alignment

As a socially driven organization, Triguna is deeply aligned with the United Nations' Sustainable Development Goals (SDGs), integrating these global priorities into our grassroots initiatives and long-term vision.

SDG 1: No Poverty

Through initiatives like the Youth Hub Passport to Earning – Placements, AspireNext, and various vocational training programs, Triguna has worked towards breaking the cycle of poverty by providing marginalized youth and women with free access to job-relevant skills and livelihood opportunities.



SDG 3: Good Health and Well-being

Our community-driven health camps, such as the free medical and dental check-up in partnership with Jamia Millia Islamia, have provided essential health services to those without regular access.

SDG 4: Quality Education

Education lies at the heart of Triguna's mission. Through programs like Passport to Earning (P2E) and school-based campaigns, we have empowered thousands of students with 21st-century skills, digital literacy, life skills, and employability training, ensuring that learning extends beyond textbooks and prepares youth for real-world challenges.



SDG 5: Gender Equality

We champion gender empowerment through targeted programs like AspireNext, a women-centric training and mentorship initiative that equips women with skills for sustainable careers. By addressing gender-specific barriers and creating safe learning spaces, Triguna supports women's active participation in the workforce and society.

SDG Alignment

SDG 8: Decent Work and Economic Growth

By connecting youth with employment pathways and entrepreneurial opportunities, our skilling and placement programs contribute to a more inclusive and productive workforce. Collaborations with industry leaders ensure alignment with market needs, enhancing job readiness and economic resilience among participants.

8 DECENT WORK AND ECONOMIC GROWTH



10 REDUCED INEQUALITIES



SDG 10: Reduced Inequalities

Triguna focuses on Tier-3 and Tier-4 cities, aspirational districts, and marginalized communities to ensure equitable access to education, health, and employment resources. By bridging the urban-rural divide and reaching the most vulnerable groups, we strive to reduce social and economic disparities at the grassroots level.

Aspirational District Covered

Sr. No.	State	District
1	Uttar Pradesh	Aligarh, Bahraich, Mau, Ghaziabad
2	Maharashtra	Nashik, Ambad
3	Uttarakhand	Haridwar, Dehradoon
4	New Delhi	South Delhi, West Delhi, East Delhi, North Delhi
5	Odisha	Khorda, Jajpur, Kandhamal
6	Rajasthan	Deeg, Bharatpur, Jaipur, Churu, Jhunjhunu, Pali, Udaipur, Jodhpur
7	Haryana	Faridabad, Gurugram

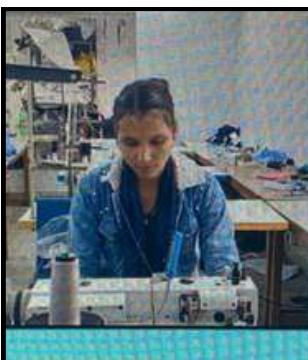
Case Stories



Parul, a determined young woman from Haridwar who transformed her life through aspire skill training program. She underwent training of packaging under the collaborative efforts of INFOSYS, ASPIRE & TRIGUNA, she secured a position at Himalayam Traders as Packager and earns 10,000 per month.



Zunaid from Aligarh, a young dreamer who transformed his life through the Aspire Skill Trining Program, with specialized training in Tally, he mastered accounting, GST & financial management skills. Today he works at Ambesh Enterprises and earns 15,000 per month.



Shivani Saini, whose journey from hardship to hope is truly inspiring! she faced financial struggles that hindered her education and burdened her mother. However, discovering a free tailoring program under INFOSYS, ASPIRE & TRIGUNA changed everything. After completing her training she placed at Rana Enterprises and now she's earning 18,000 per month.

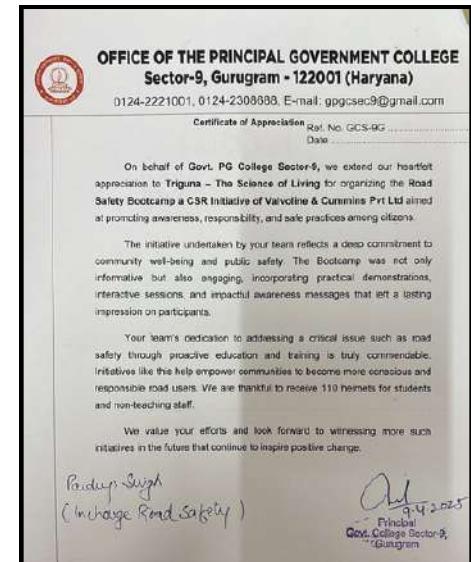
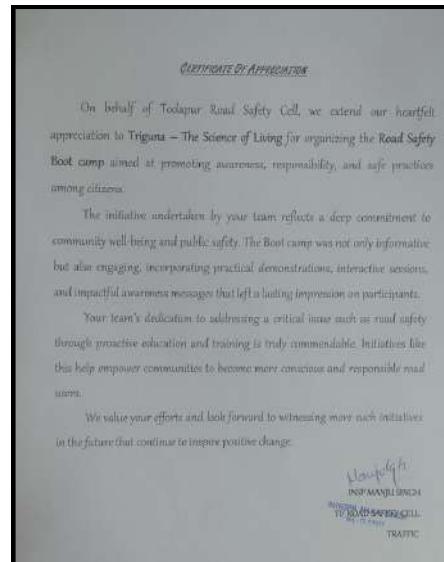
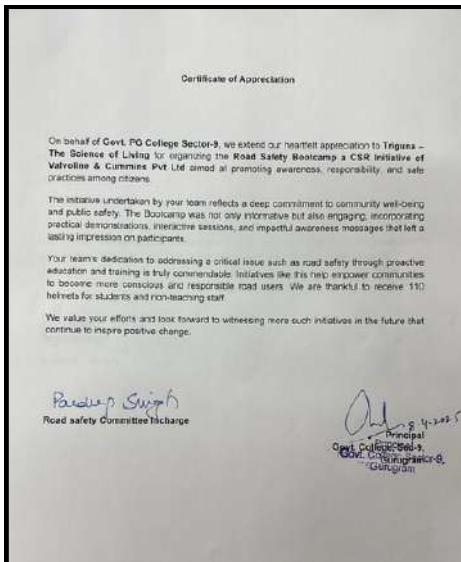
Gallery



Our Partners



Awards & Recognitions



Self-Governed SDG Thinktank For India

Certificate of Membership

BEF Membership ID : BEF100098

Regular Member

Triguna The Science of Living

Represented By : Adarsh Gupta

Designation : Founder

**BHARAT
ECONOMIC
FORUM**

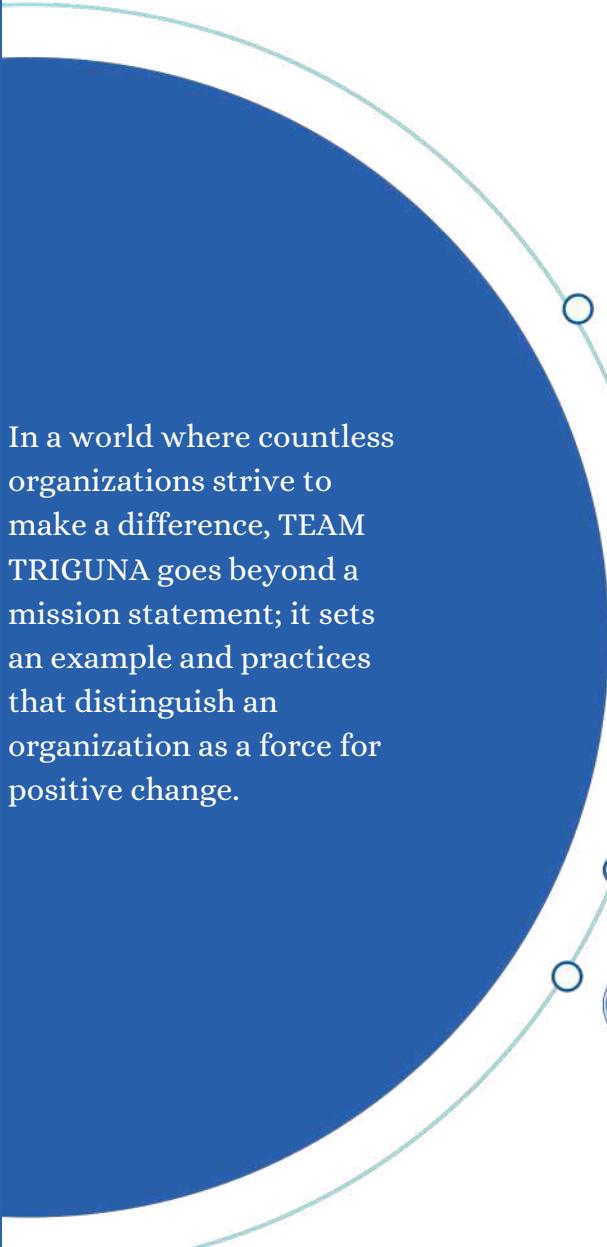


Manish Patel

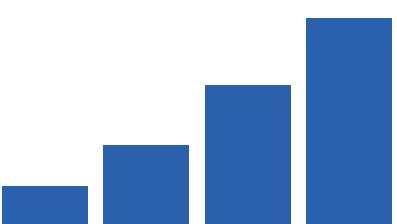
Founder & Chairman

What Makes Us Stand Out

In a world where countless organizations strive to make a difference, TEAM TRIGUNA goes beyond a mission statement; it sets an example and practices that distinguish an organization as a force for positive change.



- 01 MISSION DRIVEN
- 02 SOCIAL AND MEASURABLE IMPACT
- 03 CREDIBLE PARTNER
- 04 TRANSPARENCY & ACCOUNTABILITY
- 05 GRASSROOT PRESENCE & LOCAL ENGAGEMENT
- 06 FOCUSED ON NITI AYOG ALLOCATED ASPIRATIONAL DISTRICTS
- 07 FOCUSED ON SUSTAINABLE DEVELOPMENT GOALS



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